BRIEF-A™

Behavior Rating Inventory of Executive Function–Adult Version™

INFORMANT REPORT FORM

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Instructions

On the following pages is a list of statements that may describe your child/parent/spouse/sibling or another person with whom you are familiar. We would like to know if he/she has had problems with these behaviors over the past month. Please answer all the items the best that you can. Please DO NOT SKIP ANY ITEMS. Think about him/her as you read each statement and then circle your response.

N	if the behavior is	**Never** a problem
S	if the behavior is	**Sometimes** a problem
O	if the behavior is	**Often** a problem

For example, if he/she **never** has trouble making decisions, you would circle **N** for this item:

Has trouble making decisions (N) S O

If you make a mistake or want to change your answer, DO NOT ERASE. Draw an "X" through the answer you want to change, and then circle the correct answer:

Has trouble making decisions (X) (S) O

Before you begin answering the items, please fill in the name, gender, and age of the rated individual; your name; today's date; your relationship to the individual; and how well and how many years you have known him/her in the spaces provided at the top of the next page.

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Name of Rated Individual _____ Gender ☐ Male ☐ Female Age _____

Your Name _____ Today's Date ____/____/____

Your relationship to him/her: ☐ Parent ☐ Spouse ☐ Sibling ☐ Friend ☐ Other _____

How well do you know him/her? ☐ Not well ☐ Moderately well ☐ Very well You have known him/her for ____ years.

During the past month, how often has each of the following behaviors been a *problem*?

N = Never S = Sometimes O = Often

1. Has angry outbursts	N	S	O
2. Makes careless errors when completing tasks	N	S	O
3. Is disorganized	N	S	O
4. Has trouble concentrating on tasks (such as chores, reading, or work)	N	S	O
5. Taps fingers or bounces legs	N	S	O
6. Needs to be reminded to begin a task even when willing	N	S	O
7. Has a messy closet	N	S	O
8. Has trouble changing from one activity or task to another	N	S	O
9. Gets overwhelmed by large tasks	N	S	O
10. Forgets his/her name	N	S	O
11. Has trouble with jobs or tasks that have more than one step	N	S	O
12. Overreacts emotionally	N	S	O
13. Doesn't notice when he/she causes others to feel bad or get mad until it is too late	N	S	O
14. Has trouble getting ready for the day	N	S	O
15. Has trouble prioritizing activities	N	S	O
16. Has trouble sitting still	N	S	O
17. Forgets what he/she is doing in the middle of things	N	S	O
18. Doesn't check work for mistakes	N	S	O
19. Has emotional outbursts for little reason	N	S	O
20. Lies around the house a lot	N	S	O
21. Starts tasks (such as cooking, projects) without the right materials	N	S	O
22. Has trouble accepting different ways to solve problems with work, friends, or tasks	N	S	O
23. Talks at the wrong time	N	S	O
24. Misjudges how difficult or easy tasks will be	N	S	O
25. Has problems getting started on his/her own	N	S	O
26. Has trouble staying on the same topic when talking	N	S	O
27. Gets tired	N	S	O
28. Reacts more emotionally to situations than his/her friends	N	S	O
29. Has problems waiting his/her turn	N	S	O
30. People say that he/she is disorganized	N	S	O
31. Loses things (such as keys, money, wallet, homework, etc.)	N	S	O
32. Has trouble thinking of a different way to solve a problem when stuck	N	S	O
33. Overreacts to small problems	N	S	O
34. Doesn't plan ahead for future activities	N	S	O
35. Has a short attention span	N	S	O
36. Makes inappropriate sexual comments	N	S	O
37. When people seem upset with him/her, doesn't understand why	N	S	O
38. Has trouble counting to three	N	S	O

During the past month, how often has each of the following behaviors been a *problem*?

N = Never S = Sometimes O = Often

39.	Has unrealistic goals	N	S	O
40.	Leaves the bathroom a mess	N	S	O
41.	Makes careless mistakes	N	S	O
42.	Gets emotionally upset easily	N	S	O
43.	Makes decisions that get him/her into trouble (legally, financially, socially)	N	S	O
44.	Is bothered by having to deal with changes	N	S	O
45.	Has difficulty getting excited about things	N	S	O
46.	Forgets instructions easily	N	S	O
47.	Has good ideas but cannot get them on paper	N	S	O
48.	Makes mistakes	N	S	O
49.	Has trouble getting started on tasks	N	S	O
50.	Says things without thinking	N	S	O
51.	His/her anger is intense but ends quickly	N	S	O
52.	Has trouble finishing tasks (such as chores, work)	N	S	O
53.	Starts things at the last minute (such as assignments, chores, tasks)	N	S	O
54.	Has difficulty finishing a task on his/her own	N	S	O
55.	People say that he/she is easily distracted	N	S	O
56.	Has trouble remembering things, even for a few minutes (such as directions, phone numbers)	N	S	O
57.	People say that he/she is too emotional	N	S	O
58.	Rushes through things	N	S	O
59.	Gets annoyed	N	S	O
60.	Leaves room or home a mess	N	S	O
61.	Gets disturbed by unexpected changes in daily routine	N	S	O
62.	Has trouble coming up with ideas for what to do with free time	N	S	O
63.	Doesn't plan ahead for tasks	N	S	O
64.	People say that he/she doesn't think before acting	N	S	O
65.	Has trouble finding things in room, closet, or desk	N	S	O
66.	Has problems organizing activities	N	S	O
67.	After having a problem, does not get over it easily	N	S	O
68.	Has trouble doing more than one thing at a time	N	S	O
69.	Mood changes frequently	N	S	O
70.	Doesn't think about consequences before doing something	N	S	O
71.	Has trouble organizing work	N	S	O
72.	Gets upset quickly or easily over little things	N	S	O
73.	Is impulsive	N	S	O
74.	Doesn't pick up after self	N	S	O
75.	Has problems completing his/her work	N	S	O